



The United States Pony Clubs, Inc.



D-3 DRESSAGE TEST SHEET

Candidate's Name _____ Name of Pony Club/Riding Center _____

District Commissioner/Center Administrator _____ Region _____

NOTE: Before beginning test, Examiners must read "Guidelines for Club/Center Certifications- D-1 through C-2" and the D Standard of Proficiency (SOP), including "Information for Candidates," "Testing Information," and "Examiners." Examiner must have copy of the SOP with them during test. Examiner comments must give specific reasons if a candidate does not pass any phase.

RIDING EXPECTATIONS: Candidate should ride in a basic balanced position with control at the medium and free walk, working trot and working canter. Candidate should show beginning development of aids used to influence rhythm and relaxation in their mount (refer to Training Scale). These expectations are applied to each block of the test.

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|--|--|---------------------------------------|
| <p>RIDING ON THE FLAT</p> <ul style="list-style-type: none"> Demonstrate correct mounting (using mounting block if necessary). Adjust stirrups and girth with feet in the stirrups while mounted at the halt. | | <p>___ ES ___ DNMS ___ MS</p> |
| <p>WARM UP</p> <ul style="list-style-type: none"> Demonstrate and discuss mount's warm-up routine for everyday work. Perform and discuss balancing and suppling exercises for rider at medium walk and working trot. Shorten and lengthen reins at the trot. | | <p>___ ES ___ DNMS ___ MS</p> |
| <p>MOVEMENTS</p> <ul style="list-style-type: none"> Demonstrate 20-meter circle, trot to halt transitions on centerline, show application of bending aids in both directions at walk and working trot, sitting and rising with correct diagonals, and show working canter with correct leads. Demonstrate increase and decrease of speed in the trot. | | <p>___ ES ___ DNMS ___ MS</p> |
| <ul style="list-style-type: none"> Discuss aids for and demonstrate a halt followed by a simple step back of 1-2 steps. | | <p>___ ES ___ DNMS ___ MS</p> |
| <ul style="list-style-type: none"> Ride without stirrups at the working trot sitting. | | <p>___ ES ___ DNMS ___ MS</p> |

KEY: ES = Exceeds Standard

MS = Meets Standard

DNMS = Does Not Meet Standard

D-3 DRESSAGE TEST SHEET (Continued)

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|---|--|---|
| <ul style="list-style-type: none"> Discuss performance to include rider's basic balanced position, aids for bending, mount's ease of bending comparing left to right, size, roundness of circles, and use of aids. | | <p>___ ES ___ DNMS ___ MS</p> |
| <ul style="list-style-type: none"> Candidate shows a basic balanced position while maintaining a secure base of support and developing balance, rhythm, and relaxation with their mount. | | <p>___ ES ___ DNMS ___ MS</p> |
| <p>RIDING OVER GROUND POLES/CAVALETTI</p> <ul style="list-style-type: none"> Discuss differences in position and stirrup length for riding on the flat, riding over fences, and riding in the open. Ride over 3-4 ground poles at the trot, maintaining a balanced position in rising trot and half-seat. Ride over 3-4 ground poles at the trot followed by an elevated trot pole or raised cavaletti up to 6". Discuss performance, reasons for any disobediences, and ways to improve ride and balance. | | <p>___ ES ___ DNMS ___ MS</p> |
| <p>DRESSAGE TEST</p> <ul style="list-style-type: none"> Discuss your goals for the test ride. Perform USEF Training Level Test 1 from memory. Discuss the purpose of USEF Training Level (printed at the top of the USEF test sheet), name the 5 collective marks (printed at the bottom of the test sheet), and discuss your performance relative to these. | | <p>___ ES ___ DNMS ___ MS</p> |
| <p>RIDING IN THE OPEN</p> <ul style="list-style-type: none"> Ride safely with confidence and control to show consideration for public or private property (open field or open space) at the walk and/or trot (Rider's option to ride alone or in a group.) Discuss performance and ways to control a mount in the open. | | <p>___ ES ___ DNMS ___ MS</p> |

KEY: ES = Exceeds Standard

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D-3 DRESSAGE TEST SHEET (Continued)

COMMENTS (General impressions, suggestions for improvement):

Examiner sign here: _____ DATE: _____

ES _____ MS _____ DNMS _____ PRINT EXAMINER NAME: _____

Sections requiring retesting: (up to total of two)

A candidate may be re-tested as follows:

- Retest to cover not more than two sections of the test.
- A candidate may retest only if the candidate qualifies for a retest by passing the minimum number of sections stated on the test sheet.
- Those testing during the current year have until December 1st of the following year **to complete all retest**. Candidates must arrange for retests through their DC/CA.

ES _____ MS _____ DNMS _____

Retest Examiner SIGNATURE: _____

DATE: _____



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